

KICKAPOO'S SAMPLE MENU

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

BREAKFAST

Fresh Fruit
Dry Cereal
Sausage Kolaches
Mustard
Hard Boiled Eggs
Yogurt
Milk/Water

Juice
Dry Cereal
French Toast with syrup,
butter, powdered sugar
Bacon
Yogurt
Milk/Water

Fresh Fruit
Dry Cereal
Biscuits w/jelly
Sausage patties
Hard boiled eggs
Yogurt
Milk/Water

Fresh Fruit
Dry Cereal
Pancakes w/butter, syrup
Bacon
Yogurt
Milk/Water

Cantaloupe
Breakfast tacos - egg with
hash browns, sausage
Flour tortillas
Butter
Picante sauce
Shredded cheese
Milk/Water

Continental Breakfast
Juice
Dry Cereal
Sweet Rolls w/icing
Fruit tray
Hard Boiled Eggs
Yogurt
Milk/Water

Fresh Fruit
Dry Cereal
Blueberry muffins
Sausage patties
Hard Boiled Eggs
Yogurt
Milk/Water

LUNCH

Chicken Tenders
Green Beans
Rolls w/butter
Mashed potatoes w/ gravy
Red jell-o w/ whipped
topping
Grape ice cream
Iced tea/water

King Ranch Chicken
Corn
Mixed Fruit Salad
Rolls w/ butter
Dessert
Iced tea/water

Steak fingers w/gravy
Wild Rice dish
Broccoli w/cheese sauce
Tossed salad
Ranch/Balsamic dressing
Dessert
Iced tea/water

Chicken Nuggets
Smiley Fries w/ketchup
Mac & Cheese
Tossed salad
Ranch/Balsamic dressing
Rolls
Dessert
Iced tea/water

Lasagna
Green Beans
Mixed Fruit Salad
Bread Sticks
Dessert
Iced tea/water

Green Chicken Enchiladas
Spanish Rice
Pinto beans or refried
beans
Flour tortillas
Butter
Chips w/picante sauce and
cheese sauce
Dessert
Iced tea/water

Chicken Tetrzzini
(spaghetti)
Peas
Sliced Vegetable Plate
Jell-o
Rolls w/butter
Dessert
Iced tea/water

DINNER

Sandwiches - ham, turkey
and cheese
Sliced Bread
Lettuce, tomato, pickles
Mayo and mustard
Tuna Salad
Pasta Salad
P B & J
Watermelon
Punch

Chicken Patties
Black-eyed peas
Sliced Vegetable plate with
ranch dressing
Corn Bread
Fruit cocktail
Dessert
Water

Beef Tacos
Cheese/lettuce/tomato
Pinto beans
Flour Tortillas/Taco Shells
Butter
Mini Corn dogs
Rice Krispie Treats
Dessert
Water

Spaghetti w/meat sauce
Peas
Tossed salad
Ranch/Balsamic dressing
Breadsticks
Dessert
Water

Battered Fish -oven baked
Wild Rice Dish
Broccoli w/cheese sauce
Fresh Fruit
Dessert
Water

Pepperoni Pizza
Cheese Pizza
Corn
Tossed salad with a variety
of self selected toppings
Ranch/Balsamic dressing
Dessert
Water

Buffet Dinner
Hot dogs & buns
Mayo, mustard, relish
P B & J
Sliced Bread
Fritos
Watermelon
Punch